

Alsip Community NEWS

Year 11 - Issue No. 55
Circulation: 10,000

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Deborah L. Venhuizen, Clerk

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**SERVING THE COMMUNITY
FOR OVER 10 YEARS**

August/September 2015

Mayor's Message



This summer being rainy and cool has slowed progress for improvements and the annual road repair program but nevertheless, the road repair program has been completed for this year.

IDOT has finally produced the needed permits for tree planting and signage improvements on Pulaski which I just signed.

The aesthetic enhancements will begin soon! In addition, final plans for improvements at 115th and Pulaski were received as well. This will include the much needed widening for turn lanes. The McDonald's at 119th and Pulaski will be torn down in August to make room for a more modern building with a double drive through lane. The goal is to have a ribbon cutting in 100 days of the tear down- Let's hope the weather cooperates! By the end of this summer, the Pulaski Corridor Plan will be further advanced.

Construction has started on the new Pilot Travel Center at 127th and Kedzie Avenue. This was the former site of a car dealership. The national Fueling Center will house three restaurants; Arby's, Cinnabon, and a P.J.'s Fresh Marketplace featuring breakfast, soup, pizza, home-style food, tacos, and yogurt all in a convenient place. It's good to see this large blighted area being used once again and back on the tax rolls!

Cicero Avenue is experiencing a string of improvements with Eastwood, O'Reilly's Auto, Sherwin Williams Paint, and the new Dollar Tree which will be opening soon. All have vastly improved this important corridor. Let's add another to the list, Eco Brite Carwash will soon fill in the long empty building to the north of Sherwin Williams. My hope is to maintain and expand on this string of developments for Cicero Avenue and Pulaski Road.

Thank you to Robinson Engineering for renewing their Sponsorship Pledge.

In closing, it's hard to believe that summer will be coming to a close; it seems that it has just started. Remember the kids are still out of school so please drive cautiously and enjoy the rest of your summer.



This Labor Day we remember that the backbone of the United States is built on the strong work ethic of people working together to keep our country strong.



The Mayor's Office of Special Events has been working diligently on this year's Street Fair and it appears it's going to be one of the best ones ever!

I would like to invite all readers of the Alsip Community News to come and spend Saturday, September 12th in Alsip. This event is grander than ever and promises to be enjoyable for all age groups. Plan on spending the day and take advantage of all the FREE activities and concerts. A flyer is enclosed for your convenience, make sure to put it up on the fridge.

The event area, Mulberry Ridge, is looking beautiful and lush with the addition of new evergreen trees and grass. We have started the Split-the-Pot early for those hoping to be lucky; tickets can be purchased now at Village Hall. Don't miss the Door Prize Raffles on event day, there are some very nice items being raffled off at \$2 ticket or 7 for \$10.

Bring the kids - all children's events are free! Back again this year are the popular petting zoo and pony rides. Some new attractions are art workshops and a sports tent with all sorts of fun games.

This event is possible only with the generous donations of our Sponsors - please check them out on page 7. If you would like to become a Sponsor, please visit the event website at www.alsipstreetfair.org for details, any contribution is appreciated. Look for the schedule of activities in this issue.

I hope to see you there!

Mayor Patrick Kitching

Alsip Beautification Committee News



Our successful Spring Flower Sale (and large amounts of summer rain) has resulted in hundreds of colorful and beautiful yards, gardens, patios, and balconies throughout the Village of Alsip.

We are happy to announce that we will be sponsoring a Fall Mum Sale with equally as colorful and beautiful 9" potted mums in an array of gorgeous fall colors. Please look for our order form inside this newspaper and pre-order your mums today for pick-up at the Alsip Street Fair on September 12th. Additional mum plants will also be available for purchase. We look forward to seeing you at The Fair!



An Update

by Randall Lowman

Work will begin this month on parkway landscaping and directional signage work along Pulaski Road with completion expected by the end of the summer. Several new business prospects are considering to locate on Pulaski Road in the near future. McDonald's will begin construction of their new building late in July which will force the restaurant to close for about 100 days during the construction of their new restaurant that is expected to open by the end of October. A business is expected to open this summer in the vacant Advanced Auto parts building located at 115th Street and Pulaski Road.

Reminder From The Clerk's Office

The Village Hall will be closed on Monday, September 7th in honor of Labor Day.

Plan On Attending 2015 Alsip Events
NATIONAL NIGHT OUT AGAINST CRIME
Tuesday, August 4th
ALSIP STREET FAIR • Saturday, September 12th
HOLIDAY ON PULASKI • Friday, December 11th



At the May 18, 2015 Board of Trustees meeting, the Honorable Matthew E. Coghlan, Cook County Circuit Court Judge, performed the swearing in ceremony of the Village Trustees (left to right) Richard Dalzell, Sheila McGreal and John D. Ryan to serve the Village of Alsip for the term of 2015 through 2019.

Gold Sponsors for Alsip Street Fair

Bimbo Bakeries USA
Experior Transport • Horton Insurance
The Lombard Company • McDonald's

Where Is This?



Check www.villageofalsip.org under the business category and then click on Alsip Community Newspaper.

Welcome New Advertiser

Anger and Behavioral Specialists



Veterans Plaza Memorial pavers are being sold by the VFW Post #450. Pavers are sandblasted and cost \$100 each. Contact the VFW Post #450 at 708-388-2387 or pick up an order form in the Alsip Village Hall. Order now for Holiday gifts! The pavers are installed when there are at least 5 or more ready for installation.

Village-Wide Garage Sale



Saturday, Sept. 19th
9 AM til 6 PM.
NO PERMITS REQUIRED
FOR SATURDAY ONLY.
Questions? Contact Catherine
Wojnarowski at 708-385-6902 ext 317

Distribution Sponsors Support Alsip Community News

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**The St. Terrence Parish Family is
Happy To Announce the
Beginning of Our 50th Anniversary Jubilee Year**
The Parishioners of St. Terrence Parish are excited to begin our 50th Year as a parish, by observing our Jubilee Year from July, 2015 through July, 2016. We have a number of special events scheduled for this Jubilee Year Celebration, including the Parish Picnic, a Religious Education Homecoming Mass, Parish Mission, a Sunset Dinner Dance, our Christmas Concert with the Southwest Community Band, and a Spring Concert featuring 50 years of Sacred Music. Watch the Parish Bulletin for dates of these celebrations and for additional events as they are planned.
PARISH PICNIC
Sunday, August 30th, 2015 - 12 PM to 4 PM
RELIGIOUS EDUCATION HOMECOMING MASS
Sunday, September 20th, 2015 at 11:00 AM
**THE CATHOLIC COMMUNITY OF
SAINT TERRENCE**
4300 WEST 119TH PLACE • ALSIP, IL 60803
RECTORY PHONE: 708-597-0970
PARISH WEBSITE: WWW.SAINTTERRENCE.ORG

50

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Years

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ALSIP

COMMUNITY NEWS

Alsip Park District Events

2015 Fall Brochure -

The fall issue contains program information that is current through December 12, 2015. The fall brochure is scheduled to be delivered during the week of August 3-8. Resident registration is scheduled to begin on Monday, August 24. Non-resident registration will begin on Monday, August 31. Fall programs are scheduled to begin the week of September 14-19.

Movie in the Park - Join us on Friday, August 7 at Sears Park for our final Movie in the Park. This FREE event is scheduled to begin at dusk. Participants under the age of 18 must be accompanied by an adult. The movie "Cinderella" will be featured.

Dance and Dive - The Sprayfari Aquatic Park will hold their annual "Dance and Dive" on Friday, August 14. All 5th-8th graders are invited to attend. Proper swim attire is required and no outside food is allowed. The pre-registration fee is \$5 or \$8 at the door. The doors will open at 8:00pm and you will be required to get out of the pool at 9:45pm. You may dry off, dance to some music or chat with your friends.

Ice Cream Social - Join us at Commissioners Park, located at 12600 S. Kedzie for a FREE "Ice Cream Social". This FREE event will be held on Wednesday, August 12, beginning at 6:00pm and will have all the wonderful toppings to make your own ice cream masterpiece.

Lunch Bunch Trip - Santa Fe - This trip will depart from the Apollo Recreation Center at 11:00am and return at 3:00pm on Friday, August 21. Join us as we

travel to Santa Fe in Glen Ellyn. Santa Fe specializes in delicious, authentic Mexican food and their margaritas have been voted the best for almost 30 years! The registration fee is \$10 for residents and \$12 for non-residents. The registration fee includes transportation and parking. Lunch is on your own.

Day of Play - Join us at the Apollo Recreation Center, as we conquer course challenging activities on Saturday, September 26. Meet us at 10:00am to receive your information packet and course map. The objective of the FREE event is to finish each activity station along the walking path while traveling from the Apollo Recreation Center to Prairie Jr. High School and back.

For additional information about our programs and/or events contact the Alsip Park District at: **708-389-1003**.

HELPING THOSE IN NEED...

14th Annual Summer School Supplies and Food Drive. The Alsip-Merrionette Park Library will be collecting new pencils, pens, paper, crayons and other school supplies and food for distribution by the Worth Township office through August 15, 2015. Please drop your donations off at the library at 11960 S. Pulaski. Thank you.

REMINDER: An on-going food drive continues for families in need. Please drop your non-perishable food items in the drop box located in the Alsip Village Hall Lobby. Thank you for caring and sharing your abundance.

The Animal Welfare League in Chicago Ridge needs your Frozen Meat! Every day, the pets who are housed at the League awaiting adoption require a substantial amount of meat to be mixed into food for them! The League is experiencing a loss of contributors and, therefore, a shortage is an everyday problem!

If you have expired frozen meat in your freezer or wish to donate freshly purchased meat and fish, please drop off at the Animal Welfare League at: 10305 Southwest Highway, Chicago Ridge, IL or visit animalwelfare-league.com for League hours. The League is open 7 days a week. **708-636-8585**.

Trend Tips by Cathy O'Hara

Did you ever hear of tortoise and the hair? This technique is created on medium to dark brown hair. They are thin highlights one inch from the scalp, the get thicker and a little bit brighter mid-strand, with lighter, thicker highlights (ombré) at the ends. Makeup colors for the end of summer are purples, wine and grape. Clothing to close out summer are very bright printed shirt dresses and maxi dresses.



DEMON DAWGS CAR CRUISES
EVERY TUESDAY 5:00-9:00 PM
Make It A Night - Join Us For Dinner

Especially For Seniors

Seniors 55+ are invited to weekly Bingo on Wednesday at the Clubhouse in the Heritage II Complex at 3715 West 123rd Place. Arrive at 12:30. Bingo starts at 1:00 pm.

Seniors 55+ are invited to weekly Bingo on Thursday at the Recreation Room in the Heritage I Clubhouse at 11949 South Ridgeway. Arrive at 12:30. Bingo starts at 1:00 pm.

A Reminder to Seniors that the Alsip Park District has trips and activities listed in its Brochure. Be sure and check it out! Video poker games are located throughout the Village and surrounding areas. Video poker games are a fun way to spend the afternoon with a few friends.

Holy Cross Lutheran Reaches Out!!
4041W. 120th St. Alsip, IL 60803 708-597-5209
WWW.HC-LC.org

Throughout the year, Holy Cross Lutheran Church reaches out to the community to offer a FREE dinner to the community every 2nd Tuesday of every month. The doors open at 4:30 pm and dinner is served until 6:30 pm. This is a "Giving Back" Dinner with no strings attached. If you need a ride, call the Church office at **708-597-5209**. Please join us. All are welcome!

SAVE THE DATES
October 7, 2015
Alsip Chamber of Commerce
Annual Auction
at Apollo Park, 12521 S. Kostner
Public Invited.

October 17, 2015
Annual Fall Craft Fair
We are looking for crafters.
Applications are available at
www.alsipchamber.org

CLIPPING COUPONS IS SMART. It just makes sense to skim through this issue of the Alsip Community News and save!!
Why wouldn't you?

Happy Labor Day

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Julia Jauregui of Bridgeview
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Moraine Valley Community College
9000 W. College Pkwy., Palos Hills morainevalley.edu

Care For Your Animal Health Tips
RET by Dr. McDavitt of Animal Clinic of Alsip 708-385-6930
Please be responsible and make sure your pets are wearing collars with your name and phone number. If they get lost, this will help speed up their return to you and your family. You may also consider getting your pet a microchip.

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Department Updates

From Clerk Deborah Venhuizen's Office...



Late fees for Vehicle Sticker purchases went into effect on July 11th. If you have not yet purchased your sticker, hurry in before August 10th when the cost will double. If you did not receive a reminder in the mail, bring your vehicle information with you and we will provide a form for you to complete.

Thank you to all who purchased Vehicle Stickers before the July 1st deadline. We worked hard to keep the lines moving and appreciate the understanding and cooperation of our residents and businesses.

A reminder: if you are planning a Block Party, please pick up a Petition in the Clerk's Office. You must have this Petition form signed by at least 75% of your block's homeowners. This petition should be turned in at least 30 days before the event to be approved by the Police and Fire Departments before going to the Board for final approval. If you want to have a DJ or a live band, you must obtain a Permit when you turn in your petition at the Clerk's Office. Please note that DJs and live bands are allowed to play only until 10:00 p.m.

**OPEN TO THE PUBLIC
ALSIP BOARD MEETINGS
1st & 3rd Mon.-7:30 pm**



Robbie Raindrop Says...

Dispose of excess household grease (meat fats, lard, cooking oil, shortening, butter and margarine, etc.) diapers, and personal hygiene products in the garbage can. These materials can clog pipes, and could cause raw sewage to overflow in your home or yard, or in public areas. Overflows often occur during periods of high rainfall can result in basement backups, overflows at manholes, or discharges directly to rivers, lakes, and coastal waters.

Police Department



For more details refer to our ad on page 11.

Public Works Department

Eliminate Mosquito Breeding Grounds

Because of our record rain falls this year the Alsip Public Works would like to ask residents and business owners to eliminate mosquito breeding grounds by removing items that collect standing water from properties. This includes unclean bird baths, old flower pots, abandoned swimming pools, and uncovered garbage cans. The department, along with the Cook County Mosquito Abatement District, will continue its annual mosquito control program by treating sewers, retention ponds, and other areas of standing water throughout the Village.

Stormwater Master Plan Project Begins in Alsip near the Cal-Sag Channel

The Metropolitan Water Reclamation District of Greater Chicago has begun work on a stormwater master plan project designed to identify solutions to flooding in the Little Calumet River/Cal-Sag Channel Drainage Area. The Village of Alsip is included in the project area. Visit the project website to learn more about the project and to complete an online flooding/drainage questionnaire.

You can also submit questions by calling **630-473-7975** or sending an email to info@CalSagStormwaterPlan.org.

Rain Barrel Program

The Village of Alsip has enrolled in the Metropolitan Water Reclamation District of Greater Chicago's (MWRD's) new rain barrel distribution program that offers FREE rain barrels to Cook County residents and organizations.

To learn more, please see our Rain Barrel Information Flyer at villageofalsip.org – Resident Info. If you would like to submit an application for a rain barrel, please download a copy or stop by the Village Hall or Public Works Monday-Friday from 8:30 a.m. to 3:30 p.m. or call at **708-385-6902 ext 364**.

Village of Alsip Thanks Its Summer Helpers

The summer months bring on substantial amounts of work that can be accomplished with the help of summer helpers. Thank you for a great job!

Public Works - Adam Fabry, Justin Simmonds, Nick Page, Anthony Zielinski, Nick Pandolfi, and Paul Gacek
Water Department - Brian Loftus, Joshua Maier, Antoni Stanislawski, Matthew Stark
Heritage Apartments - Jason Caliendo, Andrew Jordan, Joe Carroll, Marty Waddell, Thomas DeMoss
Finance Department Intern - Conor Yerkes



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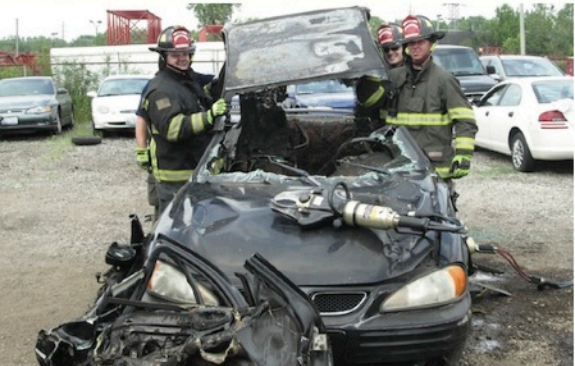
*Discounts vary by states. State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL 1001174.1

Fire Department

The Alsip Fire Department recently has had two Firefighters and one Lieutenant retire from the Fire Department. Firefighter Robert Mc Nellis with 31 years, Firefighter William Cortese with 31 years and Lieutenant Patrick Scott with 22 years. We congratulate them on finishing one chapter of their life and beginning a new chapter.



Three new Firefighters have been recently hired to replace the retiring personnel; Firefighters (left to right) Brian Barnes, Kevin Leahy, and Joe Rehak began their new career with the Alsip Fire Department in May with their recruit training and were placed on shift during the 2nd week of June.





VFW
VETERANS OF FOREIGN WARS

Alsip Memorial Post 450

Bob "Chief" Welch, Commander
11800 S. Cicero
Alsip, IL 60803
(708) 388-2387

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Always looking for new members

37th ANNUAL PICNIC
Saturday, August 15, 2015
Noon to ???

All Alsip Residents, Veterans and V.F.W. Members and Families Are Invited!

Alsip Heritage Senior Apartments



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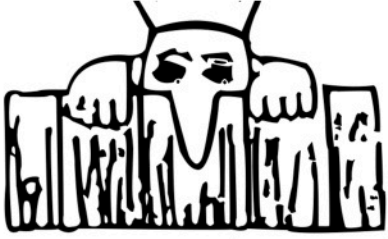
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CORONARY ARTERY DISEASE

By: Kurt Erickson MD, FACC
Cardiologist at MetroSouth Medical Center
An independent member of the medical staff at MetroSouth Medical Center.



The most common disorder of the heart is coronary artery disease. Blood vessels supply the heart muscle with blood, nutrition, and oxygen. Blocked arteries cause poor blood flow, increasing the risk of a heart attack. During a heart attack healthy heart muscle is damaged and replaced with scar tissue.

The classic symptom of coronary artery disease is chest pain that occurs under your sternum or breastbone. This pain can travel to your neck, jaw, shoulder, and upper arms. One problem is that your interpretation of chest pain may be completely different than your doctor's concept of chest pain. You may imagine the pain as severe, as if you had chest trauma. In fact typical pain from coronary artery disease is described as pressure, squeezing or tightness. This pain may increase with walking, climbing stairs, working, or emotional stress. Difficulty breathing may accompany this discomfort. These symptoms may stop when you sit and rest for a few minutes. If you experience these symptoms, you should describe these details to your doctor. A good description of symptoms will assist in starting an appropriate evaluation before suffering permanent damage from a heart attack.

Sometimes, shortness of breath with activity is the only symptom of coronary artery disease. This is more likely to occur in women, but may occur in men as well. Difficulty breathing may be caused by a variety of health problems. Your doctor may ask for more details about your symptoms to determine if testing for coronary artery disease is appropriate.

All too often people assume that chest pain must be severe, prolonged, or debilitating before they become concerned. We would like to make the diagnosis of coronary artery disease before you have a heart attack. Familiarity with early symptoms allows you to seek treatment before any serious damage occurs.

There are many possible causes of chest pain. A stress test

may be appropriate to evaluate your symptoms. If you have a classic description of heart pain and risk factors for coronary artery disease (smoking, family history of heart attacks, diabetes, or hypertension) then a coronary angiogram might be most appropriate. Blocked arteries on your heart can frequently be opened with balloons and stents. This procedure usually requires no more than one day in the hospital.

Coronary artery disease is very common, but treatments are very effective. Take control of your healthcare by describing your symptoms to your doctor. To find a doctor call the 24/7 bilingual hotline at 708-489-7925.

About MetroSouth Medical Center MetroSouth Medical Center (MetroSouth) is a 330-bed, all private-rooms, acute-care hospital located in historic downtown Blue Island, IL. In addition to a network of seven health centers, the hospital offers a nationally recognized cardiac care program, Senior Behavioral Health Unit, telemedicine stroke robot for 24-hour neurology coverage, minimally-invasive robotic-assisted surgery, 24-hour emergency care, Level II+ birthing center with high-risk perinatologists and neonatologists, and a Heartburn Clinic. MetroSouth is certified by The Joint Commission as a Primary Stroke Center and was awarded the American Heart Association and American Stroke Association Bronze Stroke Award.



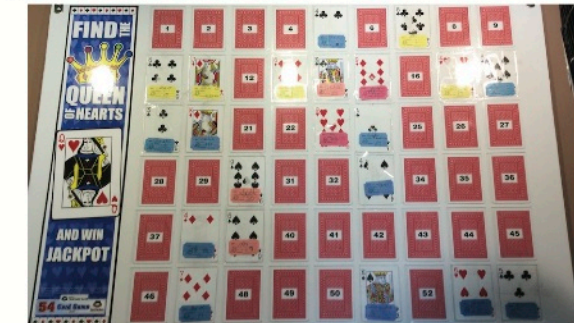
Congratulations to Commissioners Kleina, Schneider and Schmitt on their re-election to the Park Board for another four year term. Also, congratulations to newly appointed Commissioner Jackie Becker! Commissioner Becker was appointed to fill the vacancy of former Commissioner Garetto and will serve until 2017. **Pictured left to right are Commissioners Schmitt, Becker, Kleina and Schneider.** Commissioner Perretta is not pictured.

Worth Township Calendar

- AUGUST
- 3 Branch Pick-Up / Garden Homes
 - 5 Rules of the Road / For information call 708-371-2900 x28
 - 6 Branch Pick-Up / Austin View & Blue Crest
 - 10 Branch Pick-Up / Navajo & Palos Gardens
 - 18 Babysitting Classes / New Session Begins / Info 708-371-2900 x 45 - Ages 11 and Up / 4-6 pm / Tues & Thurs / Thru Sept 3
 - 23 Worth Days Parade / Noon / Celebrating the 50th Anniversary of the Worth Park District
 - 26 AARP 55 ALIVE / For information call 708-371-2900 x 28
 - 27 2nd Day of AARP 55 ALIVE
 - Board Meeting / 7:30 PM

- SEPTEMBER
- 3 Babysitting Classes End
 - 7 CLOSED / Labor Day
 - 8 Branch Pick-Up / Garden Homes
 - 10 Branch Pick-Up / Austin View & Blue Crest
 - 14 Branch Pick-Up / Navajo & Palos Gardens
 - 15 Babysitting Classes / New Session Begins / Info 708-371-2900 x 45 - Ages 11 and Up / 4 - 6 pm / Tues & Thurs / Thru Oct 1
 - 24 Board Meeting / 7:30 PM

VFW Post 450 News



Queen of Hearts Drawing! All can play!! Stop and buy a ticket at the VFW Post 450 now open to the public! Every Saturday a card is picked. More than one way to win.

Alsip Community News Mission Statement
To provide a FREE informative community publication to the best of our ability – compliments of our advertisers, distribution sponsors and the Village of Alsip administration.

- Routine Vaccinations Done Daily
- Heartworm & Flea Prevention
- Spay-Neuter-Dental at new lowered prices

OPEN SATURDAYS & SUNDAYS

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HOURS: Mon. 9-12 & 2-6; Thurs. & Fri. 9-1 & 3-8; Sat. 9-12 & 2-6; Sun. 12-5; Tues & Wed. - CLOSED

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UPCOMING TOURNAMENTS

2-Person Medley
Saturday, September 12, 2015
9:00 a.m. - 10:00 a.m.
(For More Information Please Contact The Pro Shop)

Fall Scramble
Saturday, October 17, 2015
9:00 a.m. Shotgun Start
(For More Information Please Contact The Pro Shop)

Fountain Hills Golf Club
15% OFF ON GREEN FEES
(Maximum 4 Green Fees Per Coupon)
Must Present This Coupon At Check-In To Receive Discounted Rates
Not Valid During Early Bird, Twilight or With Any Other Offers or Discounts.
Expires 9/30/15

SPORTS BUZZ

with Tina Fehil

Welcome Back to our summer edition of Sports Buzz!

We here at the paper sure hope you are having an eventful summer filled with lots of cheering your favorite players to victory!

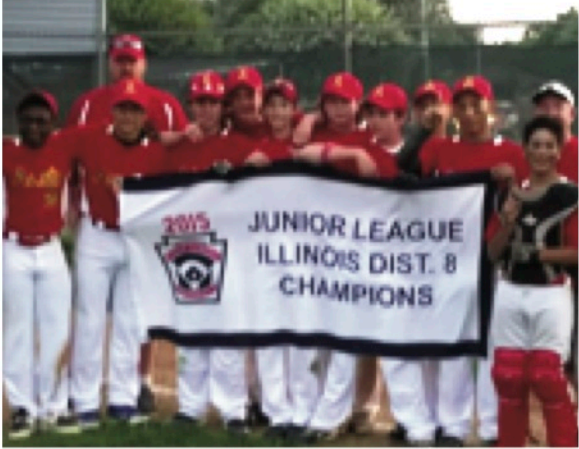
Local Travel teams have been in full swing playing in the rain or shine. Congratulations to the players on a successful season. All Star games are now in progress and I can't wait to report the stats in our next edition.

Alsip Little League: Wow what a year. Alsip Little League has wrapped up the regular season game play and is now in the middle of their All Star season. The junior league team swept through Evergreen Park to advance to sectional play and at the time of this print are still in the process of playing! Alsip was able to host the State intermediate level All Star tournament at Garetto Field where Alsip took 4th Place. Lastly, the minor league All Star team swept through Evergreen Park to advance to State being played in Hinsdale, Illinois the weekend of July 24th!

Remember to check AlsipBaseball.com for updates. Follow them on Twitter and Facebook as well!



REMEMBER FOLKS!! Baseball is still flying in the air!! Fall Ball registration is upon us!! The season runs from September 5th – October 25th. Sign-ups will be held August 1st, 2nd, 8th, and 9th at their fieldhouse located at 11740 S. Karlov Avenue from 11am -3pm.



The Little League wishes to extend their deep gratitude and appreciation to all players and parents that attended all the games near and far.

Alsip Falcon Football Cheer: Registration will be held August 3rd at 6:00pm which is the first practice of the football and cheer season. The Falcons will be practicing at the fields behind Prairie Junior High Monday thru Friday 6pm – 8pm. If you have a daughter in cheer or love the sport of Cheerleading, please consider helping coach these girls on to a winning season. Cheer director, Amanda Tarqueno, is looking for some volunteer coaches. If you have any further questions, please do not hesitate to call Kevin Reynolds @ 708-224-1035.

Alsip Park District: Just because one season ends, another one begins! Our park district has MANY sports to join not only for our youth but for adults as well!

Fall Fishing Derby: September 12th from 8:30 – 10:30 am. Free of charge for all kids.

South Suburban Soccer Association, Adult and Youth basketball, Adult Kickball League, Co-Rec Volleyball, Woman's Fall Volleyball, the choices are endless. Sign up now. If you have any questions or need additional information call Alsip Park District at 708-389-1003 or view all the activities at alsipparks.org.

It has been a very exciting past few weeks watching our local high school kids gear up for fall sports. I see runners on the street, football players in full gear practicing in the early morning hours, cheerleaders up early stunting and conditioning, baseball players still playing their hearts out, softball players still bringing the heat to the fields. The constant dedication of players and parents shines through.

One of my personal favorite quotes I would like to share with you is: "If you train hard, you'll not only be hard, you'll be hard to beat."

Well that's is all for this edition of Sports Buzz. Remember we would like to hear about your child or special group here in our next edition. Please email me at alsipsportbuzz@aol.com with highlights of a game near you or a special shout out to your child or MVP.

Water Department

Village Ordinance prohibits sprinkling and irrigation of lawns or gardens between the hours of 9:00 am to 6:00 pm during the period of May 15 and September 15 of each year.





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On Your Behalf...



FROM TRUSTEE LYNN DWYER...
Public Works has had a very busy work schedule this summer. They have been working on sewers, cutting dead trees, weed cutting, branch pick up and many more related projects. Thanks to the following summer helpers: Adam Fabry, Justin Simmonds, Nick Page, Anthony Zielinski, Nick Pandolfi, and Paul Gacek. Thanks to all of you for all your hard work. We really appreciate you and the fact that you made Public Work's summer workload a lot easier.

We also want to let you know that Public Works has completed the ash tree infestation project. A total of 941 infested trees have been removed. Public Works is moving forward with our replanting stage of this project. The replacement phase will continue through the Fall of this year and continue again in the Spring of 2016.

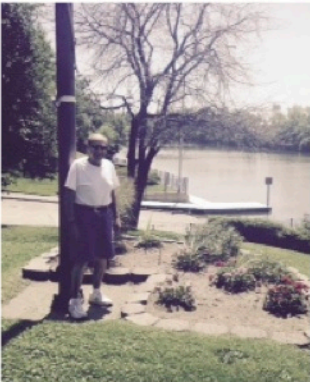
Please enjoy the rest of your summer and don't forget to check the Public Works website for more information and future projects.



FROM TRUSTEE JOHN RYAN...
Bassmasters hosted their annual fishing tournament weekend at the Alsip Boat Launch. On Saturday, July 25th, high school students competed starting at 5:00 am. On Sunday, July 26th, the fishing tournament was open to anyone that would like to participate and began at 4:00 am. The standard boat launch fee applied. I would like to thank Vic Volpe and Jim Harty for their assistance with this tournament.

The Village of Alsip thanks McDonald's at 119th & Pulaski for the donation of its cement picnic tables and benches that will be relocated to the Alsip Boat Launch when McDonald's begins rebuilding its store. I also want to thank Trustee Lynn Dwyer and Alsip Chamber Executive Director Mary Schmidt for their donation of plants and time to beautify the Launch.

Please try to visit this facility if you haven't before, as the grounds and bathrooms are well cared for by the Village and we have staff on site for most of the day. I hope you are enjoying your summer.



Pictured Vic Vope at the flower bed at the Alsip Boat Launch where Vic assisted Trustee Dwyer and Alsip Chamber of Commerce Executive Director Mary Schmidt in the annual planting of the boat launch flower boxes.



FROM TRUSTEE KEVIN MICHAELS...
The Village Properties is happy to announce that we are currently working on resurfacing the parking lots for Heritage I and II. We expect to have this project completed within the next two or three months.

The Alsip Heritage Senior Housing complexes have a few units available in both complexes. I am happy to announce that they are near capacity which encompasses 512 apartments. The rates have increased for new lessees to \$635 for a studio, \$735 for a one-bedroom, \$845-925 for a 2-bedroom. If you know of anyone interested, please have them contact Zeiler Management at 708-597-3333.

Jake of Jake's Music reminds students that now is the time to get your instruments cleaned and checked before school starts!

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708-448-3580 ACN

School News



Representatives from The Alsip Chamber of Commerce and The Alsip Industrial Association presented scholarships to this year's winners. Tom Summers, Alsterda; Mary Schmidt, Alsip Chamber of Commerce; winners Kala Spornberger Gutkowski, Katelyn Makina, Nicholas Martinez, Jeremy Tryban; Jim Makina, Allegra Print -Mail- Marketing; Michelle Netherton, Ingalls Hospital; winners Kimberly Tarqueno & Patricia Zajac; Scott Peterson, Peterson Electro-Musical; and Mayor Kitching.

District 130 Announces 2015-16 Registration
Registration for students entering the Early Childhood/Pre-Kindergarten programs at Horace Mann or Nathan Hale Pre-K Center will be held Tuesday, August 4, and Wednesday, August 5, from noon to 7 p.m., at Horace Mann, located at 2975 W. Broadway in Blue Island.

For students entering kindergarten through eighth grade, registration will be held on Wednesday, Aug. 5, and Thursday, Aug. 6, from noon to 7 p.m., at the following locations:

- **Nathan Hale Middle School**, 5220 W. 135th Street in Crestwood (Nathan Hale Primary, Nathan Hale Intermediate, Nathan Hale Middle and George Washington)
- **Paul Revere Primary School**, 2300 W. 123rd Place in Blue Island (Paul Revere Primary, Paul Revere Intermediate and Veterans Memorial Middle)
- **Lincoln School**, 2140 W. Broadway in Blue Island (Lincoln, Whittier and Kerr Middle)

Registration packets were distributed at the end of the school year and are also available for download on the district website, www.district130.org. Individuals without internet access are encouraged to visit their local library to download packets. A \$10 fee will be assessed if registration is not completed and all applicable fees are not paid during designated registration dates. Visa, MasterCard, Discover and debit cards are accepted in addition to money orders and cash. Personal checks will not be accepted.

Fill in the blank by taking classes this fall at Moraine Valley
How will YOU fill in the blank? Moraine Valley Community College is asking students that question this fall. Registration is underway for the fall 2015 semester, which starts August 17 with on-campus credit classes. Off-campus credit classes and on-campus continuing education classes begin August 24 while off-campus continuing education classes start August 31.

Some courses are offered in different formats to accommodate student needs, making it easy to fit college classes into a busy life. These flexible learning options include evening, off-campus, one-day-a-week, online, weekend, and short-term classes. With an annual average cost of \$3,996, attending classes at Moraine Valley can save students up to \$24,000 per year compared to private colleges or universities.

A complete list of credit and noncredit classes can be found in the fall 2015 class schedule or online at morainevalley.edu. Registration is ongoing. Tuition is \$116 per credit hour plus fees and books. Students who have applied to the college can register in the Registration Office, located on campus in the Student Services Center (Building S), 9000 W. College Pkwy. in Palos Hills; by phone at (708) 974-2110 (TTY 711); or online at morainevalley.edu.

Back to School Health Fair at Shepard High School
School District #218 will host its eighth annual Back to School Health Fair on Friday, August 7, at Shepard High School in Palos Heights from 11:00am to 2:00 pm.

The Ronald McDonald Care Mobile from Advocate Christ Medical Center will provide a limited number of free school physicals and immunizations for the under and uninsured. Other health care facilities will offer physicals and vaccines at significant discounts. The Saint Xavier University Health Clinic will offer physicals for \$35, the Tdap vaccine for \$60, and the meningococcal vaccine for \$125. The Crestwood Ingalls Care Center will also offer physicals for \$35. Parents must bring immunization records in order for children to receive new ones.

60 information booths with staff from government organizations, health care providers, and family support agencies as well a free food and school supplies. For young children, the Fair will feature bounce houses, two clowns, and face painting.

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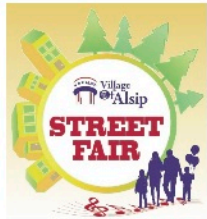
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September 12, 2015 • 10am - 8 pm
website: alsipstreetfair.org

4516 Mulberry Lane • Alsip, IL (one block North of Alsip Village Hall)
Public parking at Lane School (123rd at Orchard) and Kostner Avenue (122nd to 123rd)

Schedule of Activities:



- 10:00-7:00 Split the Pot Raffle tickets on sale,
- 10:00-7:00 Door Prize Raffle tickets on sale, Welcome Tent & Beer Garden
- 10:00-8:00 On sale T-Shirts & Images of America (Alsip Book)
- 10:00-8:00 Merchants & Crafters open for business
- 10:00-8:00 Family activities by the Alsip Fire Dept.
- 10:00-8:00 Bingo (Game schedule available at Welcome Tent & Bingo Tent)
- 10:00-8:00 Inflatable Dual Lane Giant Slides, Obstacle Course
- 10:00-8:00 Sports Tent- Air Hockey, Foosball, Ping-Pong, Pool, Pop-a-Shot
- 10:00-8:00 Kids Video Game Truck
- 10:00-8:00 Pony Rides, Petting Zoo
- 10:00-8:00 Coopers Hawk Winery, Beer Garden
- 11:00-12:00 Children's Concert with Laura Doherty & the Heartbeats
- 12:00- 8:00 Children's Activities by The Children's Museum in Oak Lawn
- 12:00-6:00 Face Painting, Balloon Twisting, Glitter Tattooing
- 12:00-6:00 Children's Art Workshop provided by Flash Bugs Studios
- 1:00-2:00 Children's Concert with Laura Doherty & the Heartbeats
- 2:15-4:15 Concert with The Southwest Community Concert Band
- 5:00-7:50 Concert with Brass from the Past
- 7:55 Split the Pot winner announced

Other Attractions Include:

- Appearances by Ronald McDonald of McDonalds
- Home Depot hosting Children's Workshops
- Local Caricature Artist



Come Shop The Alsip Street Fair Merchants – Get a Head Start on the Holidays!

We have an excellent array of merchants who have been chosen to share their wares with our Fairgoers!

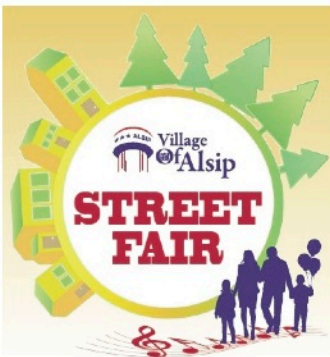
- Young Living Essential Oils
- Jamberry Nail Wraps
- Deco Mesh Wreaths
- Sports Memorabilia
- Nerdstatic-Jewelry, lip balm, coasters
- Usborn Books (children)
- Knitted Goods/Hair Bows
- Shaved Ice
- Fleece Blankets, Beanie Babies, Angel
- Ornaments
- Tupperware
- Avon
- Bird Houses
- Pampered Chef
- Scarfs, jewelry, cameos, dolls, etc.
- Origami Owl
- It Works!
- For Tails Only
- Miniature Scale Models for desks
- Tastefully Simple
- Premier Designs Jewelry
- Snap It Forward
- Janz Jewelry
- 31
- Jewelry, scarves, key chains
- Trixiiez Treatz
- doTERRA
- MickeyO Quilts
- Cr Facebook
- Younique Bling Boutiq
- Cupcakes and Cookies
- Hilltop Designs
- Great Lakes Kettle Corn



New McDonald's
Coming to Alsip!



Brand new McDonalds coming to Alsip
in November 2015.
11850 South Pulaski Avenue
Alsip, Illinois 60803



Sponsors Matter!

Sponsorship of the September 12, 2015 Alsip Street Fair has been very favorable. Together businesses and individuals are giving our community a day of family fun. Sponsorships are still available through August 31st, if you would like to participate. Sponsorship of any value helps make this event possible. For specifics on how to become a Sponsor, please visit: alsipstreetfair.org.

We would like to take this time to publicly recognize our current Sponsors who have committed to this year's Alsip Street Fair:

GOLD:



SILVER:

Coca-Cola • Accord Carton • First Midwest Bank
Labriola Baking Company • Nufarm

BRONZE:

Oak Brook Hospitality • Weaver Consultants Group
Red Shoe Billiards, Inc. • A & R Machine, Inc.
Robinson Engineering • Com Ed • B & R Towing
White Bear • Home Depot • Comcast

SUPPORTERS:

Alsip Chamber of Commerce • The Children's Museum in Oak Lawn
Law Offices of Louis F. Cainkar LTD • Alsterda Construction
Ancel Glink • Donson • Pappas-Bar 122 • Miller Laundry Systems, Inc.
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Kocsis Bros. Machine Company • GC America Inc. • Country House
Davis Concrete Construction Co. • Allegra Print & Imaging



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Majumdar, M.D.
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MetroSouth Health Center
AT ALSIP

BIZ NEWS

Anger Behavioral Specialists (ABS) is now OPEN!

Let us introduce ABS to Alsip and the surrounding communities. John Fei, Therapist, former Director at Worth Township, and retired Juvenile Probation Officer, is the Director at ABS.

John and his assistant, Leanne Mackovitch, also formerly of Worth Township, had a mission to open up an agency to provide quality Educational and Counseling Services to individuals and their families.

At ABS, they have a team of specialists who provide Anger Management Classes in the Office and in Schools, Court Diversion Programs for Juveniles, Parenting Skills Classes, Counseling for Individuals & Families, Support Groups for Teens, and Psychological Evaluations for children as well as adults. They also have an Ambassador/Teen Volunteer Program for 14-19 year olds who participate in community events for community service hours.

The specialists at ABS work to empower their clients to lead a more positive, healthy lifestyle. They have flexible day and evening hours by appointment Monday through Saturday. Contact Leanne to Register today at **708-203-6621**. Anger Behavioral Specialists is here to helping you today for a happier tomorrow. Refer to our ad on page 6.

ALSIP CHAMBER NEW MEMBER Diverse Facility Solutions

Fatso's, "Home of the Famous Angus Beef Handmade Burgers," is proud to announce our NEW Points Rewards Program to be used toward future purchases! Ask about our Membership Reward just for joining! Visit us at 5043 West 111th St., phone **708-424-2470**. We are open from Tuesday through Sunday from 11 am to 10 pm.

Help Sertoma Win A Minivan!

Sertoma Centre has been nominated to win a minivan through WGN-TV's community contest and we need your help to win it!

Please go to: www.sertomacentre.org and click the link that says Minivan Giveaway WGN-TV for information.

Wishing All Of Our Students A Wonderful Year of Meeting New People, Learning New Things and Growing Together!



Back to School



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TUESDAYS
7:30 p.m.
BINGO - Free To Play
Progressive Pot

KARAOKE
Friday and Saturday 9:30 p.m.

PLAY VIDEO POKER HERE!

Fall Registration for South West Special Recreation Association (SWSRA)

Fall registration is taking place from August 17th to August 28th. Programs start on September 14th and go to November 7th. SWSRA is offering special recreation programs and events such as Special Olympics basketball, bowling and swimming, arts and crafts and many more. Fall trips and special events are also available for registration and include activities such as Autism Support Group, Halloween Happenings, 80's Dance, Silly Sensory Stimulation, Lincoln Park Zoo, Theatre Tuesdays and more.

You can pick up a brochure that has all of our programs at the SWSRA office located at 12521 S. Kostner Avenue in Alsip. You can also pick one up at any of SWSRA's member districts: Alsip Park District, Blue Island Park District, Village of Merrionette Park, Midlothian Park District, Palos Heights Recreation Department, Posen Park District, Summit Park District and Worth Park District. A fall brochure may also be downloaded from SWSRA's website at www.swsra.com.

You can be added to our mailing list to receive a brochure by contacting the SWSRA office at **708-389-9423** or visit www.swsra.com.

Holiday on Pulaski Returns!

By Trustee Lynn Dwyer



I am pleased to announce that I will be coordinating our 3rd Holiday on Pulaski. This event will be Friday December 11, 2015 from 5-9 PM. We had a great turn out last year not only from our residents but from our business owners.

As we begin our planning, a Committee has been formed that includes 2 business owners on Pulaski. I welcome any other businesses that would like to volunteer their ideas and participation in making this year's event even better than last year's.

There are plenty of areas needing sponsorships, i.e., merchant tent, bags, program printing, reindeer, bus, etc. Last year, our merchants were well received and we will offer this again in 2015.

Volunteers are always appreciated. All residents and organizations in the Village are invited to volunteer. More details will be in our upcoming October-November 2015 issue. If you would like to be on the planning committee, sponsor a specific event or item, volunteer or share your thoughts and ideas, please contact me directly at: **708-363-1783**. Updates will be posted on the Village of Alsip website at www.villageofalsip.org beginning August 1st.

Farmer's Market in the Park - The Alsip Park District's Market in the Park continues through the Fall and is scheduled to end September 29. Join us every Tuesday at the Apollo Recreation Center from 3:00-7:00pm. Each week we will provide additional children's activities.

REACH OUT AND TOUCH

Sharing your time volunteering or making a donation to a cause are two ways to Reach Out and Touch lives.

Upcoming Fundraisers:

Alsip resident/magician Melinda Stringer is asking for your support to the Open Heart Magic organization, a non-profit which performs magic for sick kids in the hospital. Melinda has volunteered the past 4 years at Advocate Children's Hospital in Oak Lawn. Open Heart Magic is hosting **Magicpalooza** on Friday, September 11th from 7:00pm til midnight at Bourbon Street in Merrionette Park. Check www.openheartmagic.org. Tickets can be purchased at www.eventbrite.com/e/3rd-annual-magicpalooza-for-open-heart-magic-tickets-17311354728.

Help Carter's Mom offset the costs of his treatment for acute lymphoblastic leukemia, also known as ALL on Saturday, September 12th at 3:00pm at Bourbon Street in Merrionette Park. Plan on attending **Carters Crusade** by purchasing your tickets at carterscrusade.eventbrite.com. Carter's Mom is a former Prairie Junior High student.

Volunteers Needed:

Neat Repeats Resale Shops are accepting volunteer applications at both stores: Orland Park at 9028 W. 159th Street/**708-364-7605** or Worth at 7026 W. 111th Street/**708-361-6860**. All sales benefit the Crisis Center for South Suburbia, a non-profit providing emergency shelter and other services for individuals and families victimized by domestic violence.

PLOWS Council on Aging helps suburban Cook County Seniors. Committed, reliable drivers are needed for its Aging's Home Delivered Meals program. Must have own car and insurance. Call Xenia at **708-361-0219**.

SSPADS South Suburban PADS' (Public Action to Deliver Shelter) mission is to prevent and end homelessness. Details about our organization's history, information about programs and help for individuals and families, volunteer opportunities, as well as donations can be found at www.sspads.org. If you would like to volunteer with SSPADS, please contact Kim Christmas (Emergency Shelter Manager), or Darryl Calhoun (Director of Programs and Operations) at SSPADS by calling **708-754-4357**. If you believe you may need our services, please don't hesitate to call.

This issue can be viewed online at www.villageofalsip.org/business

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PLAY LUCKY 7

7 Businesses – 7 Questions – 7 Winners

Rules:

- Players must be residents of Alsip – One Entry per Family – No Age Limit – All are Invited to Play
- No Village Employees May Play

How To Play:

- Player must answer all 7 questions correctly with the name of a business advertising in this issue or a business with an insertion in this issue. Answers will be found in the ads or insertion(s).
- **Complete and return Entry form to the Alsip Village Hall by Friday, August 7, 2015.**
- Contestants with all 7 questions answered correctly will be entered into a random drawing on **Friday, August 14, 2015.**
- 7 Winners will be notified by a phone call or email. One prize per winner will be given.
- Winners will be announced in the next issue of the Alsip Community News.

PLEASE PRINT LEGIBLY:

1. Who is helping you today for a happier tomorrow? _____
2. What fall items appear in the Chamber's ad? _____
3. Who is lighting up the world, one fixture at a time? _____
4. What business received Best of Chicago Southland Award 2015? _____
5. Who's taking orders for the upcoming holiday season? _____
6. Where can you get 10% off on a back-to-school item? _____
7. Where can you get a Party Time Pizza? _____

PLEASE PRINT LEGIBLY:

Name: _____ Day Phone: _____

Address: _____

Email: _____

Take Charge. Get Screened.

If you are uninsured, you can get free women's reproductive health screenings and mammograms.

Regular preventive screenings are important! Women living in Illinois, without insurance, and between the ages of 35-64 years old* are eligible for free services. Younger women may qualify if they have symptoms. Take advantage of the Illinois Breast and Cervical Cancer program and call 708-489-7941.



Michael Reese R&E Foundation
Illinois Breast & Cervical Cancer Program
MetroSouth Doctors Pavilion
2310 York St., Suite 4C
Blue Island, IL 60406

WWW.CANCERSCREENING.ILLINOIS.GOV

**as recommended by the U.S. Centers for
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PRICES NEGOTIABLE

Sports Buzz is stepping up its game! Stay tuned for a special link that highlights photos of players and teams! Parents and Coaches will be able to submit photos! No Captions - just photos! Start taking them now and send them to alsipsportbuzz@aol.com.

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